

# Retirement Point

NEWS FOR PLAN SPONSORS AND PARTICIPANTS

January 2019

## Tolerate the Turbulence

*Look beyond this moment and stay focused on your long-term objectives.*

### THE MONTH IN BRIEF

December 2018 will be remembered for its volatility and its challenges. The S&P 500 flirted with bear market territory, dropping 10.16% for the month. Appetite for risk declined here and abroad in the face of tariffs, concerns about the Federal Reserve raising interest rates too quickly, a federal government shutdown, and questions about the Brexit. It was also a difficult month for commodities. In contrast, Main Street seemed in good shape: low unemployment, high consumer confidence, and strong consumer spending were all evident.<sup>1</sup>

MARKET INDEX	Y-T-D CHANGE	1-MO CHANGE	2017
DJIA	-5.63	-9.68	25.08
NASDAQ	-3.88	-10.83	28.24
S&P 500	-6.24	-10.16	19.42
YIELD	12/31 RATE	1 MO AGO	1 YR AGO
10 YR TIPS	2.69	3.01	2.40

Sources: wsj.com, bigcharts.com, treasury.gov - 12/31/18 1,21,22

Indices are unmanaged, do not incur fees or expenses, and cannot be invested into directly. These returns do not include dividends. 10-year TIPS real yield = projected return at maturity given expected inflation.

### MONTHLY QUOTE

*"Make your lie a mission – not and intermission"*

- Arnold Glasow

### MONTHLY TIP

If you have a high-interest credit card, you may want to search to see if you can refinance the balance to a lower-interest card. A lower-interest card means a greater percentage of your payments will be applied to principal rather than interest.

### MONTHLY RIDDLE

You can see right through me. Different lights make me strange, and for each one, my size may change. What am I?

### Last month's riddle:

It is often surrounded by water and at risk from waves, and it has a fin rather than a sail or motor, but without water and waves, there would be no real use for it. What is it?

### Last month's answer:

A Surfboard

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*Look beyond this moment and stay focused on your long-term objectives.*

Volatility will always be around on Wall Street, and as you invest for the long term, you must learn to tolerate it. Rocky moments, fortunately, are not the norm.

Since the end of World War II, there have been dozens of Wall Street shocks. Wall Street has seen 56 pullbacks (retreats of 5-9.99%) in the past 73 years; the S&P index dipped 6.9% in this last one. On average, the benchmark fully rebounded from these pullbacks within two months. The S&P has also seen 22 corrections (descents of 10-19.99%) and 12 bear markets (falls of 20% or more) in the post-WWII era.<sup>1</sup>

Even with all those setbacks, the S&P has grown exponentially larger. During the month World War II ended (September 1945), its closing price hovered around 16. At this writing, it is above 2,750. Those two numbers communicate the value of staying invested for the long run.<sup>2</sup>

This current bull market has witnessed five corrections, and nearly a sixth (a 9.8% pullback in 2011, a year that also saw a 19.4% correction). It has risen roughly 335% since its beginning even with those stumbles. Investors who stayed in equities through those downturns watched the major indices soar to all-time highs.<sup>1</sup>

As all this history shows, waiting out the shocks may be highly worthwhile. The alternative is trying to time the market. That can be a fool's errand. To succeed at market timing, investors have to be right twice, which is a tall order. Instead of selling in response to paper losses, perhaps they should respond to the fear of missing out on great gains during a recovery and hang on through the choppiness.

After all, volatility creates buying opportunities. Shares of quality companies are suddenly available at a discount. Investors effectively pay a lower average cost per share to obtain them.

Bad market days shock us because they are uncommon. If pullbacks or corrections occurred regularly, they would discourage many of us from investing in equities; we would look elsewhere to try and build wealth. A decade ago, in the middle of the terrible 2007-09 bear market, some investors convinced themselves that bad days were becoming the new normal. History proved them wrong.

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As you ride out this current outbreak of volatility, keep two things in mind. One, your time horizon. You are investing for goals that may be five, ten, twenty, or thirty years in the future. One bad market week, month, or year is but a blip on that timeline and is unlikely to have a severe impact on your long-run asset accumulation strategy. Two, remember that there have been more good days on Wall Street than bad ones. The S&P 500 rose in 53.7% of its trading sessions during the years 1950-2017, and it advanced in 68 of the 92 years ending in 2017.<sup>3,4</sup>

Sudden volatility should not lead you to exit the market. If you react anxiously and move out of equities in response to short-term downturns, you may impede your progress toward your long-term goals.



For more information on investment choices for your retirement plan, please call our plan's advisor at 703-595-4444 or email at [info@pointoak.com](mailto:info@pointoak.com)

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## DISCLOSURES

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